### Dec.16,2022

### COMMUNITY BENGAL A Diversity Community Learning Together



CLASS TIMES		
P1	8:45 am - 10:05 am	
P2	10:10 am - 11:25 am	
Р3	11:30 am - 12:45 pm	
P4	12:50 pm - 2:05 pm	
Р5	2:10 pm - 3:25 pm	



### ADMINISTRATION

Principal - Aldrin Fernando VP - Milton Hart (A-J) VP - Katrina Morrison (K-R) VP - Stacey Sadacharan (S-Z)



CONTACT US! 10077 Bayview Ave, Richmond Hill, ON L4C 2L4 905.884.4453 bayview.ss@yrdsb.ca @ @bayviewsecondaryschool @ School website

### **FROM THE OFFICE**

As a part of the Province's efforts to support learning in response to the COVID-19 pandemic, additional funding has been allocated for the first term of the 2022-23 school year (**ending on December 15, 2022**) for Tutoring Support Programs.

Project funding will provide small group tutoring support for students. The purpose of this funding is to offer programs that will support learning recovery and renewal in response to the COVID-19 pandemic. YRDSB has included an opportunity to partner with community organizations who can provide tutoring supports to students. These tutoring programs will prioritize math, literacy and other foundational learning skills and are intended to promote learning recovery and to help address achievement and skills development gaps. In addition, these programs will support learning in a trusted environment grounded in the language, culture and community norms for students. Details for tutoring programs outside the school day can be found on the <u>Tutoring Support Programs Through Community Partners</u> site. Please contact community partners directly and inquire about tutoring services as soon as possible. Funding and spaces are limited.

### LOOKING AHEAD @ BAYVIEW

Dec 20	Java, Jive and Jive Music Coffee House 7 pm Cafeteria
Dec 23	Last Day of classes before winter break
Dec 26-Jan 6	Winter Break
Jan 12 & 13	EQAO Grade 9 Mathematics - only for students taking grade 9 mathematics this semester
Jan 17	Last Day for field trips
Jan 26 - Feb 1	Examinations
Feb 3	PA Day

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### SCHOOL NEWS

### **Quote Of The Week**

"We can complain because rose bushes have thorns, or rejoice because thorns have roses."

Alphonse Karr







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### CONTACT US!

10077 Bayview Ave, Richmond Hill, ON L4C 2L4 905.884.4453 Students taking in arts and culture at the Distillery District and the Art Gallery of Ontario

### **GUIDANCE CORNER**

A link to our Guidance messages page can be found here: <u>https://docs.google.com/document/d/1ImpqFWt1vpm7u8rRuYt9kxYv\_cpP7dnncf5x</u> <u>oZcfr-Y/edit</u>

### School Council Corner

Our parent engagement sub-committee invites interested parents to join the following support network.



Dec. 16, 2022

### BAYVIEW ATHLETICS HOME OF THE BENGALS



### Fall Athletics - Athlete Spotlight



<u>Aiden Theivendran</u> He was a stalwart team member whose level of excellence throughout the soccer season was phenomenal. Thank you for all your effort this season, your leadership was essential in our second place victory.



<u>Madeline Hu</u> distinguished herself as a fierce Bengal worth taking notice of. Don't let this teeny point guard fool you... she uses her size to her advantage to glide effortlessly through the defensive cracks and finish like a pro. Not only is Madeline a fantastic talent on the court, she leads her team through her positivity, her wits, her commitment to the common goal and her humility from the bench.

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Template by: Alice Lye - Communication Technology Teacher



Congratulations to Bayview's first Learn-to-curl club graduates, who successfully completed the 6-week course at Richmond Hill Curling Club. Everyone tried hard, worked well together and had fun trying a new sport. They were great representatives of our school to the local community, and the club would be happy to have more of our students back any time. Thanks to all who gave it a try!



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Join us for another music event at the school on December 15th. Tickets are being sold in periods 2,3 and 4



Find out more on our Instagram: @bayviewmusic

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Student Mental Health and Addictions Newsletter

December 2022

YRDSB Mental Health services are provided by YRDSB psychology and social work personnel

#### **Student Mental Health and Addiction Strategy**

A closer look at the concept of "Between and Around"

Dear Families,

In the <u>November edition of the Student Mental Health and Addictions Newsletter</u> We took a closer look at the concept of **Within.** In this edition, we continue to focus on the <u>Student Mental Health and Addiction Strategy (SMHAS): A Holistic Approach</u> to <u>Mental Health</u>, <u>Within Us</u>, <u>Between Us</u>, <u>Around Us</u> by taking a closer look at the concept of "Between" and "Around" and the associated priority actions.

More than words on paper, the SMHAS strategy is created to be action-oriented. With an understanding that actions, accountability and collaboration are needed to foster<u>identity-affirming</u> and<u>healing-centred</u> spaces that enhance mental health.

To uphold the collaborative process of our strategy development and honour the voices and contributions of students, families, communities, organizations and staff who shared their wisdom with us, we have co-created a multifaceted, holistic framework informed by many voices. This framework encompasses mental health and wellness that is inclusive of the whole person and the many intersections (intersectionality) and relationships that are encompassed within their social identities. This speaks to the key concepts of Between and Around.

### **Between:**

Between can be explained as the social aspect of our relationships with other people, our families, and communities. This includes but is not limited to our connections and relationships with faith groups, elders and beyond. The Between action areas focus on building capacity, understanding and resources with people, families, and communities in YRDSB to address trauma, racial trauma and other forms of harm while supporting healing and growth. We approach the development of the Between priority actions with an understanding that we, as a school board,

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### **YRDSB Mental Health**

are not the experts in the lives of our students and families. We are not the gatekeepers of knowledge and wisdom. As such, we will learn from, with and alongside students and families. With the ongoing exploration of how wellness is supported and affirmed across communities?

Some of the ways in which we hope to co-learn together are through the

Between Family/Community Priority Actions: Action 2.7

This includes but is not limited to

• Collaborating with family and caregiver groups to learn how to best support culturally responsive gatherings and learning opportunities for families.

### Around:

Around can be explained as the families, communities, and learning/social environments that surround us. This can include connections to land, water, ancestors, and other meaningful relationships. The Around can also encompass many factors and experiences that can impact wellness, such as experiences of different life events and systemic factors such as oppression, colonialism and racism, discrimination and marginalization. The Around priority area is supported through priority actions that work towards building safe, mentally healthy, and inclusive learning environments where students feel they matter and belong and create Identity Specific collaboration and care and pathways that are responsive to students and families.

### Around Family/Community Priority Actions: Action 3.9

This action focuses on building and supporting identity-affirming, <u>culturally</u> <u>responsive</u>, mental health-focused partnerships with families.

This can include but is not limited to:

• Continued partnership with community groups to develop and offer mental health promotion events and initiatives for families and caregivers that are culturally and linguistically relevant and responsive.

### Within Between Around

The concept of Within, Between and Around encourages us to honour the different ways of knowing, being, healing and growing. Along with understanding the many relationships, factors/experiences that may impact a person's mental health. Through healing-centred engagement and identity-affirming practices, we hope to create learning environments that center on student and community strengths, wisdom, and excellence, building and sustaining positive relationships and creating learning environments where children and families can bring their whole selves to school.





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### YRDSB Mental Health

To learn more about the SMHAS and associated priority areas/actions, please visit Student Mental Health and Addiction Strategy (SMHAS): A Holistic Approach to Mental Health, Within Us, Between Us, Around Us.

#### A call to action:

As we work towards enhancing student mental health and well-being and creating spaces that honour, affirms and uplifts students for who they are, we invite you on the journey with us. Families are invited to use the prompts below to continue exploring the concept of **Between** and **Around** through conversations about relationships and experiences.

**Inward reflection:** What are the relationships and connections that are meaningful to me? How do these relationships and connections support my mental health and well-being?

Outward consideration: How might I support connections and relationships that strengthen and support positive mental health for my child or someone I care about?

#### Actions we can take that foster positive relationships Around us:

"Everything you do and say is a little clue to the people around you as to how approachable and trustworthy you are..... Being inclusive, compassionate, helpful, and a good listener in your daily interactions signals to others that you care about people and you're a safe person to reach out to...." <u>Be There resource</u>

How might we show care in our interactions with those around us and those we encounter? A little care and compassion goes a long way.

- Offer a smile, a wave, a hello
- Offer a helping hand and or words of encouragement if and when you can
- Take time to check in on someone
- The Be There resource offers many ways we can demonstrate care
- School Mental Health Ontario shares <u>Skills for students: Having healthy</u>
  <u>relationships with others</u>
- At home: Make time to connect in a way that is meaningful for your household, to listen, to eat, to play...
- Engage in conversations from a place of understanding
- Take time to build relationships and learn about others with care and curious

We continue to learn from and with students, families and YRDSB communities and continue to look forward to a year of learning, discovery, and joy alongside you.

#### Supportive Resources:





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### **YRDSB Mental Health**

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YorkHills Here to Help Line (905-503-9561)

The Here to Help Line is a free service available to children, youth (0-18) and their parents, caregiver or adult supporters.

<u>YRDSB Mental Health Resource Page</u> Continue to check out the <u>YRDSB website</u> for updated information as well as the Twitter account <u>@YRDSB</u> Follow YRDSB Mental Health on Twitter <u>@MH\_YRDSB</u>

Dismantling Anti-Black Racism Strategy Indigenous Education And Equity Strategy

#### Free YRDSB and community events:

Parent/caregiver series supporting students of Chinese Heritage. Dec 14th, 2022 at 6:00 pm-8:30 pm

Armadale Community Centre 2401 Denison Street, Markham, ON L3S 1E7 Registration for Cantonese Registration for Mandarin

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc. Mental Health Lead <u>patricia.marra-stapleton@yrdsb.ca</u>

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